

PFLAG New Hampshire
PO Box 957
Concord, NH 03302-0957

<http://pflagnh.org>

HELPLINE: 1-800-750-2524 (in NH)

1-888-843-4564 (National for youth)

Call for information about our monthly meetings or for support. Your confidentiality is assured.

Support & Education Chapter Meetings

Seacoast..... 1st Tuesday, 7-9 pm
Concord..... 3rd Sunday, 3-5 pm
Keene..... 1st Tuesday, 7-9 pm
Manchester..... 2nd Sunday, 3-5 pm
Plymouth..... 2nd Tuesday, 7-9 pm
Upper Valley..... 2nd Monday, 7-9 pm
Lakes Region.....(no regular meetings)

Speaker Bureau

PFLAG-NH will arrange for a speaker to speak to your group, place of worship, school, or other organization about GLBT issues.

Parent to Parent Network

Speak one-to-one and confidentially with another parent who has a GLBT child.

PFLAG-NH can also connect you with a:

Transgender Network
Straight Spouse Network

The Truth About Our Gay/Lesbian/Bisexual And Transgender (GLBT) Relatives & Friends

GLBT people are everywhere, in every culture, religion and race, and in every occupation. An estimated 10 percent of the human race is same gender oriented. Gay, lesbian, bisexual, and transgender people and their families represent more than one third of the people in this country. Founded in 1981, PFLAG today represents more than 80,000 families.

GLBT people are emotionally healthy.

The American Psychiatric Association and the American Psychological Association recognize that homosexuality is not a mental or emotional disorder. GLBT people establish stable, long-lasting relationships, work for a living, attend church, shop, watch TV, vote, and pay taxes. They are valuable members of human society.

Being gay or transgender is natural for gays and transgender people.

Homosexual or transgender is the way some people are, rather than a choice or a life style. Their sexuality or gender identity is natural and normal for them. GLBT people were not taught or influenced by anyone to be who they are. GLBT people are not “going through a stage.” They need their families. Rejection by their family is a tragedy we work to prevent.

“Adults just don’t want to believe there are gay kids.”

- S. & D. Cohen
[When Someone You Know is Gay](#)

We are dedicated to...

the preservation of families in loving relationships, to the support of gay, lesbian, bisexual and transgender people and their families, and to full civil rights for all Americans.

We work for the recognition, respect and civil rights due to all human beings. We challenge ignorance, prejudice and fear and seek to change attitudes of society towards our loved ones. We strive to banish the silence of gay lives.

“The time has surely come not just to tolerate, or even to accept, but to celebrate and welcome the presence among us of our gay and lesbian fellow human beings.”

- Bishop John Shelby Spong,
Episcopal Diocese of Newark NJ

As parents, families and friends of GLBT people...

new windows of understanding have opened to us. We are committed to helping other families learn what we have learned, to offer support and comfort, and to help change attitudes and create an environment of understanding so that our gay, lesbian, bisexual and transgender relatives and friends can live with dignity and respect. Monthly support meetings offer open and confidential discussion. Parents, family members, children, and friends are welcome, as well as GLBT persons seeking support.

“Little by little, ignorance about homosexuality will fade away as more and more parents allow their children to be who they are.”

- Betty DeGeneres
[Just a Mom](#)

Recommended Reading:

*Free Your Mind

Ellen Bass, Harper Perennial, 1996

*Loving Someone Gay

Don Clark, Celestial Arts, 1987

*Now That You Know

Betty Fairchild, Harcourt, Brace, 1977

Pastor, I Am Gay

Howard Bess, Palmer Publishers, 1995

The Other side of the Closet

Amity Buxton, IDS Press, 1991

Homosexuality, The Secret A Child Dare Not Tell

Mary Ann Cantwell, Rafael Press, 1996

When Someone You Know is Gay

Susan Cohen, M. Evans Co., 1989

The Family Heart

Robb Forman Dew, Addison Wesley, 1994

When Husbands Come Out Of The Closet

Jean Gochros, Harrington, 1989

Two Teenagers in Twenty

Ann Heron, Alyson, 1996

Mom I Need To Be a Girl

Just Evelyn, Walter Trook Pub., 1998

Orlando's Sleep

Jennifer Spry, New Victoria Press, 1997

Coming Out As Parents

David Switzer, Westminster, 1996

*Recommended First Read

"My daughter is a lesbian. She is also the light of my life." Bob Bernstein, former Vice-President of National PFLAG

PFLAG National Organization

Parents, Families and Friends of Lesbians & Gays
1726 M Street, NW, Suite 400
Washington, DC 20036

Phone: 202-467-8180 Fax: 202-467-8194
E-mail: info@pflag.org Web: <http://pflag.org>

We are supported by:

Religious Organizations:

National Council of Churches; Lutheran Church of America; United Church of Christ; National Federation of Priests' Councils; Catholic Theological Society of America; The Protestant Episcopal Church; Unitarian Universalist Association; United Methodist Church; United Presbyterian Church; Union of American Hebrew Congregations; Society of Friends (Quaker).

Professional Organizations:

American Public Health Association; American Psychological Association; American Psychiatric Association; American Library Association; American Federation of Teachers (AFL-CIO); National Education Association; National Association of Social Workers.

Civic Organizations:

American Civil Liberties Union; National Organization for Women (NOW); National Association for the Advancement of Colored People (NAACP); Libertarian Party; League of Women Voters.

"We all need to know that our parents can accept and love us for what we are, rather than for what they would like us to be."

- A Gay Youth

PFLAG-NH Membership Information:

Individual: \$25 Family: \$35
Senior/Student: \$15 Additional donation: \$ _____

Name: _____

Address: _____

E-mail: _____

Chapter Affiliation (if any): _____

PFLAG NH is non-profit, family organization. We welcome your support and active participation. All contributions are tax deductible.

We always maintain your confidentiality.



Parents, Families, and Friends of Lesbians & Gays

1-800-750-2524

**A National Organization with
Seven New Hampshire Chapters:**

Concord • Plymouth • Seacoast
Manchester • Lakes Region
Keene • Upper Valley

Support

To cope with an adverse society

Education

To enlighten an ill-informed public

Advocacy

To secure equal rights for all

"It is surely a time for all of us—parents, pediatricians, nurses, school teachers—who work with vulnerable children who are gay and lesbian, to understand and support them. The need and deserve our unambivalent support."

- Dr. T. Berry Brazelton, Pediatrician